## 1<sup>ST</sup> INAUGURAL AVON EAGLES MS INVITATIONAL CC MEET

"A Race to Remember"
VETERANS PARK

Cross Country Course of COURAGE 3701 Veterans Memorial Parkway Avon, OH 44011

Thursday Sept. 12, 2013



## Welcome

- Check-in and Packet Pick-up at Central Picnic Shelter by Concession and Playground
- Starting alleys located at North end of the Park
- 4:30 National Anthem

## MIDDLE SCHOOL (7<sup>th</sup> /8<sup>th</sup> Grade) RACE SCHEDULE

Athletes compete at the following times:

- 5:00pm Boys TEAM (5-7 Runners)
- 5:25pm Girls TEAM (5-7 Runners)
- 5:50pm Girls OPEN
- 6:15pm Boys OPEN

Individual Awards in Chutes; Team Awards at Picnic Shelter

## Refreshments for sale at concession stand AVON EAGLES INVITE SHIRTS FOR SALE

Questions please contact:

Erich Frombach, Athletics Director frombache@avonlocalschools.org (440) 934-5111 Fax: (440) 934-5431

Scott Lanham, Middle School A.D. lanhams@avonlocalschools.org

We look forward to seeing you!

**AVON MIDDLE SCHOOL CROSS COUNTRY** 

crosscountryams@gmail.com

<sup>\*</sup>It is anticipated for races to start promptly and in order as possible. Informal Family Fun Run to follow – (no registration required) Course will remain open until 7:00 pm for those interested in exploring the 2 mile natural adventure.